## Worksheet

I. I	Revise t	these s	sentences	to state	their n	neaning in	<b>fewer</b>	words.	The fi	irst s	senten	ce
has	s been o	done a	as an exar	nple.								

has been done as an example.
1. There are many farmers in the area who are planning to attend the meeting which
is scheduled for next Friday.
1. Many area farmers plan to attend next Friday's meeting.
2. He dropped out of school on account of the fact that it was necessary for him to
help support his family.
3. It is expected that the new schedule will be announced by the bus company
within the next few days.
4. It is very unusual to find someone who has never told a deliberate lie on purpose.
5. Trouble is caused when people disobey rules that have been established for the
safety of all.

Reference: Owl writing center (retrieved 2011).

## II. Analyze how the paragraph achieves coherence:

Cardiovascular disease is one of the leading causes of death worldwide, affecting not only high-income but also low- and middle-income countries. Nearly 80 percent of all estimated cardiovascular disease-related deaths worldwide now occur in low- and middle-income countries, where nearly 30 percent of all deaths are attributable to cardiovascular disease (Kelly et al., 2012). BSS is a state of poor blood circulation due to increased blood viscosity and concentration, which is closely related to many diseases, such as coronary heart disease, infertility, and cancer (Xiao-yan et al., 2018). It is a complex pathological system, usually accompanied by vascular endothelial injury, inflammation, liver and kidney injury, and other symptoms, which further promote the occurrence of blood stasis(Liu et al., 2017; Ma et al., 2009). In modern medicine, the cognition of BSS mainly refers to insufficient blood circulation, decreased blood flow to the body, or impurities in the blood (Jian et al., 2012). The pathological indexes of BSS include hemorheology, coagulation function (Cao et al., 2018). The perceptions of BSS are changing, as well as its management. Lifestyle factors involving diet now feature prominently as the more important contributors to the pathogenesis of BSS than genetics, as a result, TCM and healthy food have received extensive attention in the treatment of BSS due to their natural nature.

Sources: Su et al. (2020). Metabolomics study of dried ginger extract on serum and urine in blood stasis rats based on UPLC-Q-TOF/MS. *Food Science & Nutrition*, <a href="https://doi.org/10.1002/fsn3.1929">https://doi.org/10.1002/fsn3.1929</a>

BSS: Blood Stasis Syndrome 血瘀證